

NEWS LETTER: DECEMBER 2024



HIGHLIGHTS OF THE MONTH

4 DEC 2024:-

CLASS ASSEMBLY ON NAVY DAY BY IX-E & IX-F

04 DEC TO 18 DEC 2024:-

ONLINE ORIENTATION CADRE OF CTOS (CARE TAKER OFFICER) BY 26 UP BN NCC ATTENDED BY MR SAURABH SRIVASTAVA, PRT.

09 DEC TO 23 DEC 2024:-

PARTICIPATION IN 3RD SAM INTERNATIONAL EVENT AT CMS.

09 DEC TO 13 DEC 2024:-

THE HEADMISTRESS MS HIMANI MISHRA ATTENDED A WEBINAR ON 'CONSOLIDATION PROGRESS REPORT REFORMS UNDERTAKEN AT PRIMARY LEVEL CL 3-5.

10 DEC 2024:-BOOK FAIR ORGANISED AT SCHOOL

10 DEC 2024:-

PARENT TEACHER MEETING FOR CLASSES I-V, VII-IX & XI FOR PERIODIC TEST-II AND CLASSES X & XII FOR PRE-BOARD I EXAMINATION.

10 DEC 2024:-

NCC AIR WING CADETS VISITED 41 BRIGADE SHORT FIRING RANGE, LUCKNOW CANTT FOR WEAPON TRAINING AND FIRING EXERCISE CONDUCTED BY 5 UP AIR SQN NCC LUCKNOW.

11 DEC TO 13 DEC 2024:-WINNERS IN INTER SCHOOL CBSE SAHODAYA MINI SPORTS OLYMPIAD.

12 DEC 2024:-AN ONLINE SESSION FOR STUDENTS OF CLASSES XI & XII BY ARMY INSTITUTE OF TECHNOLOGY (AIT) PUNE.

13 DEC 2024:-

CAREER COUNSELLING SESSION FOR STUDENTS OF CLASS XI BY ASST. PROF. SHIVAM PRATAP SINGH FROM THE DEPT. OF MANAGEMENT, UNIVERSITY OF LUCKNOW.

14 DEC 2024:-BAGLESS DAY ORGANISED FOR CLASSES I-V.

13 DEC 2024:-

AN ONLINE CAREER COUNSELING SESSION CONDUCTED BY VIOSA FOR STUDENTS OF CLASS X AND XII EXPLAINING THE PSYCHOMETRIC TEST REPORT AND APPROPRIATE CAREER CHOICES

16 DEC TO 20 DEC 2024:-

FDRC PHYSICAL WORKSHOP ON 'BOOK REVIEW' ATTENDED BY MS.DIPIKA TRIVEDI, PRT.

16 DEC 2024:-

BLS SESSION ON CPR (CARDIOPULMONARY RESUSCITATION) CONDUCTED BY COL. (DR.) PANKAJ YADAV, COMMAND HOSPITAL, LUCKNOW ATTENDED BY STUDENTS OF CLASS IX.

16 DEC TO 20 DEC 2024:-

SELECTION OF SUPPORT BOOKS FOR APSs FOR THE ACADEMIC YEAR 2025-26, 2026-27 AND 2027-28- FDRC WORKSHOP ATTENDED BY MS. DIPIKA TRIVEDI, PRT AT FDRC, NEW DELHI.

17 DEC 2024:-

CBSE BHARTIYA BHASHA UTSAV CELEBRATION.

17 DEC 2024:-

VISIT TO ASHA SCHOOL UNDER THE INITIATIVE 'PROJECT ASHA MILAP'.

17 DEC TO 19 DEC 2024:-

WASTE SEGREGATION & WASTE MANANEMENT ACTIVITIES CONDUCTED FOR THE STUDENTS OF CLASSES VI-VIII.

22 DEC 2024:-

AN ONLINE NATIONAL LEVEL TRAINING PROGRAMME ON 'E-SANIDHYA PLATFORM FOR NEURODIVERSITY' DEVELOPED BY NIEPID WAS ATTENTED BY SCHOOL COUNSELORS.

22 DEC 2024:-

CLASSES VII-XII PARTICIPATED IN AN ONLINE 'FUTURE TECH OLYMPIAD'.

23 DEC TO 08 JAN 2025:-

PB-II EXAMINATION FOR CLASSES X & XII COMMENCED.

23 DEC 2024:-

VISIT TO SEWAGE TREATMENT PLANT AT SKP(SURYA KHEL PARISAR).

ANNUAL DAY CELEBRATION-2024

"Unnayan - The Rising: A celebration of growth, resilience, and the relentless pursuit of excellence."



Army Public School, Lal Bahadur Shastri Marg, celebrated its Annual Day on the theme 'Unnayan' signifying elevation and progress at the Puneet Dutt Auditorium, 11 GRRC, Lucknow in a spectacular extravaganza over two days. Maj Gen Jyotindu Debnath, Commandant, Command Hospital and Maj Gen Gautam Mahajan, CSO, Patron of APSs, Lucknow, HQ Central Command graced the event as esteemed Chief Guests on the 27 and 28 of December respectively. Mrs Alpana Debnath Chairperson, Family welfare center, CH, Lko and Mrs Saloni Mahajan an accomplished academic & educationist were welcomed as the Guests of Honour. The theme of the evening 'Unnayan', came alive through a vibrant array of cultural performances, showcasing students' exceptional talents in dance, music, and theatre. The programme commenced with a soulful Ganesh Vandana, followed by a captivating storytelling session, 'Dastan-e-Awadh', highlighting the rich facets of Lucknow and its evolving landscape. The event also featured exhilarating dance performances, vivid pantomime, and an impressive acrobatic Vinyasa Yoga display. The school orchestra performed in perfect harmony, rendering a soulful medley of songs. The Principal, Ms. Sadhana Devi presented the Annual Report, highlighting the school's numerous achievements and accolades. The event concluded with the felicitation of meritorious students and inspiring mentors. The Annual Day celebrations were appreciated by esteemed Chief Guests who expressed their admiration for the meticulously planned and executed programme. The performances by the students, showcasing their talent and creativity, received widespread appreciation from the audience.



ACHIEVEMENTS GALLARY

NATIONAL ATHLETICS CHAMPION

The 11th National Athletics Championship for Autism, hosted by the Indian Sports Federation of Autism, was held from 07 December to 08 December 2024, at the Atal Bihari Vajpayee Centre for Disability Sports, Gwalior, Madhya Pradesh. This inspiring event brought together over 250 talented athletes on the Autism Spectrum from 16 states, competing in events specially designed and adapted for individuals with Autism Spectrum Disorder (ASD). The championship embodied the spirit of inclusiveness, as envisioned in NEP-2020, and provided a platform for showcasing the abilities and determination of participants. Among the proud competitors was **Rudransh Sharma**, a student of **Class IV A** from **APS LBS Marg**, **Lucknow**, who represented the school with great distinction. Rudransh participated in two events, the maximum allowed for a single athlete. He won a stunning **Silver Medal in the 100-meter walk-run** and a **Gold Medal in the standing jump**. His remarkable performance highlighted his dedication and resilience, earning him accolades and bringing immense pride to the school.



EDUCATION FAIR

An 'Education Fair' for students of Army Public Schools in Lucknow was organized by Army Wives Welfare Association (AWWA) in collaboration with Lucknow Management Association (LMA) at Surya Khel Parisar on 11 & 12 Dec 2024. The event was inaugurated Mrs Ruchira Sengupta, Regional President AWWA HQCC and attended by dignitaries Mrs Rashmi Chadha, Regional Vice President AWWA, Dr Shahina Yazdani, Chairperson Schools, Central Command, Col (Retd) MA Siddiqui, Dir AWES, HQ Central Command, Principals of all three APSs of Lucknow. The fair included around 35 stalls from reputed Coaching Centres, Financial Institutes & Academic Institutions who disbursed important information to the students regarding entrance exams, scholarships, admission procedure, exam preparations, overseas education, financial services and the various avenues available to them after Class XII. The fair was attended by students of Classes X, XI &XII from all three APSs of Lucknow. APS, LBS Marg organized a special AWES stall at the fair for informing students about the various professional courses and colleges run by AWWA for wards of defence personnel. The stalls having best presentation and engagement were given trophies. APS, LBS Marg and APS, SP Marg were jointly awarded for their stall on AWES Professional colleges. The fair gave a wide exposure to the students on career choices.



ACHIEVEMENTS GALLARY

SAHODAYA MINI OLYMPIAD

Students showcased outstanding talent and sportsmanship in the CBSE Sahodaya Mini Olympiad, held from December 11 to 13, 2024. The event witnessed enthusiastic participation from schools across the region, and our students emerged victorious in several categories, bringing pride and recognition to the school. The details are given as under:-

SR. NO.	GAME	DATE & VENUE	POSITION
1.	CBSE Sahodaya Mini	11 & 12 Dec	U-14 (Girls)
	Olympiad	2024	1. Pallavi (7 F)- 200m (Silver)
	Athletic Competition	Seth MR Jaipuria, Goel Campus,	2. Rashi (7 F) - 400m (Bronze)
		Lucknow	3. 100m × 4 Relay (Gold) (Pallavi – 7F, Rashi
			– 7F, Vaishnavi – 7E, Astha – 7E)
			U - 19 (Boys & Girls)
			1. Ananya Mishra (11 B) - Shot Put (Silver)
			2. Piyush Dhami (11 A) - 200 mtr (Bronze)
2.	CBSE Sahodaya Mini	11 & 12 Dec 2024	I Position
	Olympiad	Jagran Public School, Gomti Nagar,	
	Football Competition	Lucknow	
	(U-14 Girls)		
3.	CBSE Sahodaya Mini	11 & 12 Dec 2024	I Position
	Olympiad Football	Jagran Public School,	
	Competition	Gomti Nagar, Lucknow	
	(U-19 Girls)		
4.	CBSE Sahodaya Mini	11 & 12 Dec 2024	1 Position
	Olympiad	Jagran Public School,	
	Football Competition	Gomti Nagar, Lucknow	
	(U-19 Boys)		
5.	CBSE Sahodaya Mini	12 & 13 Dec 2024	I Position
	Olympiad	Vardaan International Academy,	
	Volleyball Competition	Gomti Nagar	
	(U-19 Girls)		
6.	CBSE Sahodaya Mini	12 & 13 Dec 2024	II Position
	Olympiad Volleyball	Vardaan International Academy,	
	Competition	Gomti Nagar	
	(U-19 Boys)	_	



BASIC LIFE SUPPORT SESSION

A comprehensive session on Cardiopulmonary Resuscitation (CPR) was conducted by Col. (Dr.) Pankaj Yadav and his team from Command Hospital, Lucknow. The event, held in the senior auditorium, was attended by the Principal, Teachers and students of Class IX. The session aimed to equip students with essential life-saving skills and raise awareness about the significance of CPR in emergency situations. Col (Dr) Pankaj Yadav began the session with an insightful explanation of CPR's importance, emphasizing its role in reviving individuals experiencing cardiac arrest. A live demonstration through mannequin followed, where the correct procedure for administering CPR was meticulously explained and performed.





VIDYANJALI PROJECT

Vidyanjali is an initiative of the Ministry of Education, Government of India to strengthen government & government-aided schools through community and private sector involvement across the country. Under the aegis of the programme, 15 students of our mentee school, Hari Chand Inter College, Lucknow visited the school on 11 Dec 2024 and attended a session at the Robotics & Tinkering Lab with the trainer Ms. Akanksha Rani. They also visited the senior computer lab and the school library



ORIENTATION SESSIONS



An online session for students of Science stream for Classes XI & XII was conducted by Army Institute of Technology (AIT) Pune.



A career counselling session was conducted for students of Class XI by Asst Prof. Shivam Pratap Singh from Management, Dept, Univ of Lucknow.

BOOK FAIR

"A book fair is a gateway to endless worlds, where every page turns curiosity into knowledge and dreams into reality."

An Annual Book Fair was organised on 10 Dec, the day of Parent-Teacher Meeting (PTM) The event aimed to promote a love for reading among students, parents, and teachers. The book fair attracted a large number of visitors, including students, parents, and teachers. The stalls were aesthetically set up, which enhanced the overall experience. Visitors enjoyed browsing through the vast collection of books and took advantage of the discount offered on all titles. Students and parents were especially enthusiastic, purchasing numerous books for themselves and their families. As part of the **Vidyanjali Project**, students and teachers from our Mentee school **Hari Chandra Senior Secondary School** also visited the book fair. For many, it was their first experience attending a school book fair, and they found it exciting and memorable. Students and Teachers purchased books related to academics, fiction, autobiographies, and comics for themselves further adding to the success of the event.



PROJECT ASHA MILAP

"Asha Milap" is an AWWA initiative to foster meaningful interaction between the Asha School Students and mainstream schools with an aim to promote inclusivity. Under this initiative students from APS, LBS Marg visited Asha School on 17 December 2024. The visit included an unforgettable interaction between the students. It was a day filled with learning, sharing and understanding. Smiles lit up faces as everyone introduced themselves. As the day unfolded, they embarked on a creative activity – Origami. This simple act of teaching and learning brought them together.



INTER HOUSE COMPETITION

"Student creativity is the spark that lights the way to innovation, turning ideas into masterpieces"

An exciting series of Inter-House Competitions-table layout, floral arrangement & salad decoration were organized on 04 December 2024, for students of Classes VIII, IX, and XI. The event witnessed enthusiastic participation, as students came together to demonstrate their creativity, teamwork, and aesthetic skills across a variety of activities. Each house showcased its unique talents, resulting in vibrant and beautifully presented displays that captivated the judges and audience alike. The spirit of healthy competition was evident as students collaborated effectively to represent their houses with pride. The Principal praised the high level of innovation and dedication reflected by the participants'. The event not only highlighted the students' talents but also fostered a sense of camaraderie and teamwork.





BAGLESS DAY IN PRIMARY WING

A vibrant Bagless Day was conducted for students of Classes I to V, offering a blend of creativity, fun, and learning through engaging activities. It provided an enriching experience beyond the confines of regular classroom routines. The highlight are given as under:-<u>Poster Making:</u> Students showcased their artistic talents by creating colorful and meaningful posters reflecting the essence of the Constitution of India.

Fancy Dress on the themes:-

Class I: Learning Style

Class II:Digitalization.

Participants were dressed as iconic delightful elements.

<u>Western Fusion Dance</u>: A lively dance performance blending Indian and Western styles captivated everyone.

<u>PPT</u> Presentation on the Constitution of India: Students presented an insightful and interactive PowerPoint on the principles, values, and significance of the Constitution, fostering awareness and pride among young learners.



WASTE SEGREGATION & MANAGEMENT ACTIVITIES

As part of the ongoing initiatives to promote environmental awareness, two impactful activities were conducted on December 17, 2024, for the students of the school. These activities aimed to instill a sense of responsibility and practical understanding of sustainability and hygiene.

Students from Classes VI-VIII participated in a hands-on activity where they created biodegradable bins using repurposed materials such as old plastic bottles and Tshirts. This initiative encouraged students to explore creative ways to reduce waste and highlighted the importance of reusing items to minimize environmental impact.

Students visited the Sewage Treatment Plant at SKP (Surya Khel Parisar) to gain a deeper understanding of solid waste management and its role in public health and sanitation. They observed the various stages of the treatment process, including filtration, sedimentation, and purification. The visit emphasized the significance of sustainable practices in water management and the critical role of maintaining hygiene for a healthier environment.

SHLOK VACHAN COMPETITION

An Inter-Class Shlok Vachan Competition was held for Class VII on 03 Dec 2024, showcasing the students' eloquence and devotion to Sanskrit. Participants recited shlokas with clarity and expression, using creative props, banners, and placards to enhance their presentations. Class VII F emerged as the winner in the competition. It also expressed the linguistic and cultural richness of the ancient language. The event highlighted the profound beauty of Sanskrit literature. The competition fostered an appreciation of Sanskrit and encouraged students to explore its timeless heritage.



REPURPOSE & RECYCLING



BIODEGRADABLE BIN-MAKING



VISIT TO THE SEWAGE TREATMENT PLANT

DOHA RECITATION COMPETITION

An Inter-Class Doha Recitation Competition for Class VIII was held on 03 Dec 2024, wherein each class recited a minimum of five dohas within the a 5 minute time limit, emphasizing their understanding of rhythm and meaning. Class VIII A emerged victorious with an outstanding performance. The event emphasized the moral and philosophical teachings embedded in Hindi Literature The competition inspired the students to delve deeper into the wisdom of Hindi Poetry and its relevance in today's world.



ROLE PLAY ACTIVITY ON COMMUNITY HELPERS

A role play activity on 'Community Helpers' was organized in the Pre Primary wing during assembly on 06 Dec 24. The students of BV-III skillfully presented their roles and also shared information about the community helpers responsibilities & their importance in the community. This engaging activity fostered creativity, communication skills and enabled them to express their appreciation and gratitude towards the community helpers.



VIJAY DIWAS

Pre Primary Wing celebrated Vijay Diwas with true spirit and zest on 16 Dec 2024 to commemorate India's victory over Pakistan in 1971 war. Students of Class BV III- B conducted the special assembly to inculcate the sense of patriotism among the students through patriotic songs and motivational quotes.



CHRISTMAS CELEBRATION

The Pre Primary Wing celebrated Christmas on 24 Dec 2024 with great fervor & enthusiasm. A special assembly was conducted by BV- I children and teachers. The children were informed about the celebration of God's ultimate gift, the birth of Jesus Christ. The dazzling entry of Santa Claus added joy & excitement in the air. The assembly concluded with cheerful Christmas greetings and Carols 'Jingle Bells '& 'Merry Christmas'.The children also participated in various fun filled Pre -Christmas activities in the classroom. Candies were distributed to the children .The boundless joy of celebrating the festival in the school was evident on the children's faces.



BAGLESS DAY

The **7thBagless** day of the session 2024-25 was organized on 31 Dec 2024 which included an array of activities for the Pre Primary children. The children enjoyed the movie in the auditorium on moral value of the month 'Be Disciplined' to inculcate moral values among the children. The second attraction of the day was the celebration of Red Colour Day. All the teachers and students were decked up in red colour attire. The main aim was to introduce the children with red colour and make them experience the Artistic and Aesthetic sensibility associated with colours through funfilled art & craft activities like palm painting, Santa cap & strawberry making in the classroom.



BHARATIYA BHASHA UTSAV 2024

The school celebrated the Bharatiya Bhasha Utsav 2024 as promulgated by CBSE with great enthusiasm and fervor, aligning with the CBSE theme "भाषाओं के माध्यम से एकता (Unity through Languages)." The event aimed to promote linguistic diversity, cultural heritage, and national unity through the celebration of India's rich linguistic traditions.



SPECIAL ASSEMBLIES

